

## Elementary School Price List

**Snack Cart** - There are no snacks offered to our Elementary students at this time. We want them to enjoy the meal that they just purchased with us and take time to enjoy their fruits /vegetables and Milk. We sometimes add a (SMART) snack as part of the meal for the day – included in the cost of the meal.

**ALA Carte Beverages:** There are 100% juice box or cartons (\$.85) and Small bottle waters (\$.85) available for packers (Daily).

See menu on web site to see if the main meal is a premium meal today.

### Main Meal:

#### Station #1 **Cub's Café Main Station:**

Definition of Meal: Consists of Meat/Meat Alternative, Grain, 1 fruit, up to 2 vegetables and a milk  
Students receive a fruit with their meal. They have a choice to choose up to 2 veggies from the veggie garden cart, plus milk choice.

Please see our monthly menu for the schedule of meals offered in this section. This menu is posted on our web site. Pricing is determined based on the use of the USDA/PDE Calculations as part of the Healthy Hunger Free Kids Act of 2010

**Regular Meal is \$2.70** (Menu Meal, Deli Turkey Slider Sandwich, WOW Butter & Jelly Meal, Hot Dog Meal)

**Premium Meal \$3.15** (Also Gluten Free Meal, Salad Meal, and Vegetarian Meatless Meal \$3.15)

Also offered at this station:

**Gluten Free Meal** (prior arrangements need to be made to receive gluten free meals)

#### Optional Stations: (Optional Meals offered daily)

- ✦ **Gourmet Salad Meal**, string cheese, Hardboiled egg, meat, shredded cheese, assorted lettuce, fruit cup, Grain or snack bag, up to two vegetables from the garden cart and Milk \$3.15
- ✦ **Yogurt Meal** – Yogurt (UPSTATE YOGURT- **KOSHER**), String Cheese, Grain Cracker or Snack Bag, fruit, up to two vegetables from the garden cart and Milk \$3.15
- ✦ **WOW Butter and Jelly Sandwich Meal**, String Cheese, fruit, choices of two vegetables and Milk \$2.70
- ✦ **Hot Dog (TURKEY) on Bun Meal** with Fruit, Milk and Choice of two vegetables \$2.70
- ✦ **GLUTEN Free Meal** - Menu arrangements are made weekly \$3.15
- ✦ **NEW Oven Roasted Deli Turkey Slider Sandwich** with Grain: Crackers or Snack Bag, fruit, up to 2 Vegetables from the garden cart and Milk \$2.70

#### Alternating throughout the Month:

- ✦ **Vegetarian Burger Meal** – Barley& Rice, Pattie on bun, fruit, choice of two vegetables and Milk \$3.15



Yogurt /String Cheese Meal  
(Student choice of 2 vegetables)



Veggie Garden Cart  
(Student Choice of 2 veggies)



WOW Butter & Jelly Meal  
Student's choice of vegetables



**Turkey Slider Meal** – fruit,  
choose up to 2 veggies and Milk \$2.70

## What if my child selects an extra piece of pizza or milk?

Extra side vegetable/potato from the Garden Cart \$.85 ala carte

Extra Milk (Milk is however included with the meal) \$.50

Box Carton 100% Juice is \$.85

Bottle Water .85 cents

Extra Slice of Pizza - Ala carte Entrée \$2.00

## CONDIMENTS:

Condiments are included in the price of the meal. These condiments are given out at the register. Students selecting salad meals or yogurt meals are offered extra crackers/grains at the register.

## Vegetable Garden Cart: Pick up to 2

Carrots, Broccoli, Cucumbers, celery Sticks, Pepper Slices, Hummus, Baby Red Tomatoes, Mini tossed salads - All students (including the students that are packing their lunch) have access to our veggie garden cart. Up to two different vegetables are offered to the students with their meal. Ala carte veggies are \$.60 cents ala carte



Please discuss with your student to only take what they will actually eat from the garden cart.

**Our Policy:** We feed every student, every day. Parents are encouraged to keep a balance in their child's account for meal purchases. If a student forgets his/her lunch money, we do provide a meal for them and work with the parents to get the monies owed. It is important that parents respond to our phone calls, emails and/or letters home and quickly apply payments needed. It is highly recommended that the parents stay in touch with myschoolbucks so that they can monitor their child's account.

### **NEW !!! MEAL APPLICATION - Avoid the Paperwork (Use Tablet, Computer or Smartphone Device)**

Parents are encouraged to complete a **Free and Reduce Lunch form** on line at

[www.schoolcafe.com](http://www.schoolcafe.com). Parents can submit an application at anytime during the school year.

Families that qualified for the National School Lunch and Breakfast Program this past school year have the first 30 school days to submit a new application to avoid meal interruption heading into the next school year. Apply on Line for Free & Reduced Meals: [www.schoolcafe.com](http://www.schoolcafe.com)

**Payments** (checks or cash) can be sent to school with your child, dropped at your child's main office or handed to their teacher.

We offer a convenient "on-line" payment system called "MySchoolBucks". This allows the parents to conveniently submit payment directly into their child's account. Parents are also able to view their child's purchases, buying history and balances using "myschoolbucks" account.

[www.myschoolbucks.com](http://www.myschoolbucks.com) to deposit funds in your child's account.

### **More Information:**

For Tour information, pricing, nutritional analysis please phone 412-221 4542 x 339 ask for Kitchen Leader.

Tricia Wood Director of Nutritional Services 724-693-3019 or email [pawood@southfayette.org](mailto:pawood@southfayette.org)

Thank you